

Self-Evaluation of Your Voice Image

You want to be perceived by others as having an ideal voice image. If you speak with thinner, weaker tones or have a nasal resonance, learning how to speak with vocal tones that are stronger and more powerful can change how you are perceived by others in terms of credibility and leadership. Spend time with the following questions to determine if you want to change your voice.

How would you describe your voice currently?

Describe people's perception of someone who has a voice that is thin, high in pitch, or has a nasal resonance.

Identify specific speech and voice traits that could be perceived as shy or not as confident sounding.

Describe the specific characteristics of a confident voice.

What confident voice characteristics do you have?

What image do you want your voice to project?

What characteristics need to change for you to have your ideal voice image?
