

How Anyone Can Successfully Reduce Their Accent Successfully

By Elizabeth Peterson M.A., CCC-SLP and Speech Coach

- 🚩 Every culture has their own style with how they speak their first language. The **first step** in reducing an accent is learning how to speak American English in the American cultural melody style and discontinue the melody pattern from the first language.
- 🚩 After learning how to speak with American melody, many of the accented behaviors of talking too fast, sounding monotone or choppy will be smoothed out and English will be more fluid sounding.
- 🚩 Every culture has its own style on how much muscular force is placed on sounds. The **second step** in reducing an accent is learning how to speak using the right amount of force and tension. After that, English will sound smoother and the improved clarity will continue.
- 🚩 The **third step** is resonance which means where the sound is “placed”. French speakers tend to place (i.e., resonate) their voice toward the nasal cavity and Russian speakers in the back of their throat. American English is spoken for the oral cavity or known as oral resonance.
- 🚩 **The Details:**
The **final step** in successful accent reduction is learning the missing or mispronounced sounds such as /th/, /r/ or the short vowel /i/ as in “pig.”

Anyone and everyone can learn how to reduce their accent and speak with greater clarity and confidence. It is simply a matter of:

- ❖ Learning new habits and applying new behaviors.
- ❖ Understanding how you are currently speaking that is different from the Standard American English Model.
- ❖ Having the motivation and willingness to change.

Please contact us for more information. We offer private coaching, on-site corporate training, on-line eLearning and books and video streaming.

<https://SpeechAndVoice.com> 303-330-3309

Info@speechandvoice.com

I wish you great success, Liz